

MONTHLY NEWSLETTER FOR SHEM-PARENTS

SHEMCONNECT

Connecting the SHEMFORD Family

SEPTEMBER 2022, PRE-PRIMARY GRADES



From The Director's Desk Mrs. Meenal Arora



Dear Parents,

It gives us profound pleasure to share highlights and updates for the month of September. We have also designed some informative and educational activities for our SHEMStars. Kindly go through this newsletter to have an overview of the fun and learning that will take place at school and also the suggestions offered for active parental participation this month.

SHEMEDUMAX™ AT A GLANCE

All the activities/competitions as well as all the chapters in all the core subjects, across all grades, are mapped according to the theme and values of the month.

CONCEPTS OF THE MONTH

▪ **Theme of the month** : Our Universe

▪ **SHEMSanskars** : Care for the Environment

LIFE SKILLS PROGRAMME

Life Skills Module

Topic/Category of the Month

English Conversation Development Module

Picture Description

Personality Enhancement Module

Enhancing Sensitivity Towards Nature

Thinking Skills Development Module

Analytical & Logical Thinking

Health And Wellness Morning Programme

Prayers, Yoga & Aerobics in Morning Assemblies

Wow Wednesdays

My Ma'am Says, Party Party, Go Green & Fun Unlimited
(Only for Pre-Primary)

FORTHCOMING CELEBRATIONS & EVENTS

Activities/ Celebrations	Actual Date	Celebration Date
Teachers' Day	5 th Sept. (Mon.)	5 th Sept. (Mon.)
World Literacy Day	8 th Sept. (Thur.)	Week-long celebration for all grades from 8 th Sept. to 14 th Sept.
Hindi Diwas	14 th Sept. (Wed.)	
Grand Parents' Day	11 th Sept. (Sun.)	17 th Sept. (Sat.)
WOW! Wednesdays Activities	7 th , 14 th , 21 st , 28 th Sept.	

WOW! WEDNESDAYS

'Concept Based Mid-Week Activities' (Only for Pre-primary Grades)

WOW! Wednesdays celebration is an endeavour to give our junior most children a strong value system through a lot of interesting activities. Every Wednesday has a special concept and associated fun-filled activities.

DAYS & DATES	CONCEPT	ACTIVITIES	DRESS CODE
1 st Wed. (7 th Sept.)	My Ma'am Says I am Stage Smart	<ul style="list-style-type: none"> ✓ Care for the Environment ✓ Enhancing Sensitivity Towards Nature (Personality Enhancement Module) 	Casual Dress
2 nd Wed. (14 th Sept.)	Let's Party! I am Shem Smart	<ul style="list-style-type: none"> ✓ Let's Celebrate: Birthday Celebrations : World Literacy Day Celebrations ✓ Picture Description (English Conversation Module) 	Party Dress
3 rd Wed. (21 st Sept.)	Let's Go Green! Let's Think	<ul style="list-style-type: none"> ✓ Let's Think – Environment ✓ Let's Think – Thinking Skills Module 	Green Dress
4 th Wed. (28 th Sept.)	Let's Have Fun! Fun Unlimited	<ul style="list-style-type: none"> ✓ Fun Games ✓ Sports Activities 	Sports Dress

SYNERGY

Suggestions for Parental Participation

Dear parents, as we have already mentioned that this month's activities at school have been designed in order to sensitise children towards their role and responsibility to care for the environment, so here we have come up with the following environment friendly suggestions for you to practise at home as a family activity.

Suggested Reading: 'Loop/Chakkar' & '10 Indian Champions Who Are Fighting to Save the Planet'

Synchronizing with the SHEMSanskar 'Care for the Environment' for this month, the suggested reading for our pre-schoolers is 'Loop/Chakkar' illustrated by Ishita Biswas. It is a wordless book, to trigger conversational skills, expressive language and imagination, especially about our environment, the natural cycle of life and how to protect our beautiful blue planet. For parents, we suggest '10 Indian Champions Who Are Fighting to Save the Planet' by Bijal Vachharajani and Radha Rangarajan. This book is about the inspiring lives of people who are striving to solve the most pressing problems on this planet—from climate change to habitat degradation, from food insecurity to species loss. This book was the WINNER of the Toka Box Top South Asian Books: Non-Fiction Category in 2020-21!

Be a Responsible Citizen: Form a Cooperative Community Group

With the objective of sensitising our children to their role and responsibility towards the community, it's a considerate recommendation to form a cooperative community group that may include neighbours, residents, children and community helpers. With the support of this group, in order to instigate care for the environment amongst our responsible children, you may organise a 'plantation drive' in your locality this month. Within your locality, allocate an area where you decide to do the plantation. Once the area is decided, you may contact a nearby Government Nursery and ask for free saplings of the variety that you would like to plant. Collectively decide a day and with the support of your community group, conduct the plantation drive, spreading the message to 'Save Trees, Save Nature, Save Environment'.



SHEMTips: 'Five R's of waste management: Refuse, Reduce, Reuse, Repurpose and Recycle.'

As you are well aware that, plastic pollution has become one of the most pressing environmental issues, as rapidly increasing production of disposable plastic products overwhelms the world's ability to deal with them. As citizens of a society, we have a responsibility to manage our waste sustainably. We can do this by following the five R's of waste management: refuse, reduce, reuse, repurpose and recycle. Follow these simple steps to ensure a quality waste management programme in order to keep the environment cleaner and to safeguard that all hazardous waste is disposed of safely and responsibly:

- **Refuse: Say no to plastic** - The first step of the 5 R process is to **refuse**. By simply refusing to use single-use plastics or non-recyclable products, you can ultimately reduce the amount of plastic waste. Use bags made from natural fibres such as cotton, jute, flax, etc.
- **Reduce: Reduce the usage of plastics** - This is all about **reducing** your use of harmful, wasteful and non-recyclable materials to save your money and help the environment. The alternative source of plastic helps in improving the environment. Make use of metal straws, bamboo toothbrushes, etc.
- **Reuse: Reuse plastic shopping bags and carry bags** - Creatively **reusing** plastic will help in reducing the pollution caused by plastic. You can repeat the use of certain plastic products; for instance, plastic shopping bags or carry bags. You can also donate plastic products to a more needful person if you feel they are not useful to you any more. For instance, used plastic toys, containers, furniture, etc.
- **Repurpose: Plastic wrappers and bottles upcycled into bags and stationary holders** - If you can't refuse, reduce, or reuse a particular item, try repurposing it instead. The 'green' community often refers to this method as '**upcycling**'. You will be surprised to learn how plastic wrappers are woven into beautiful and colourful carry bags, laptop bags, planters, etc.
- **Recycle: Plastic being recycled into useful products** - Last but not the least, we have **recycle**! Once you've ventured through all the other R's, recycling is the most eco-friendly waste disposal method. The better way to do it would be by forming community groups and collectively donating it to a local recycling centre.

Going along with this month's theme of "Care for the Environment," we sincerely hope that the suggestions regarding the 5 Rs given above will help you redirect your approach towards waste disposal. Furthermore, we hope you will rethink when and where to refuse, reduce, or reuse a particular item, and when it seems difficult, try repurposing it instead. Finally, if nothing else can be implemented, send it to a re-cycling centre and contribute to the protection and restoration of our natural habitat. Next month again, we will bring more thriving and scintillating ideas and information.

With Love & Care
Mrs. Meenal Arora
Executive Director - SHEMROCK Preschools
Founder Director - SHEMFORD Futuristic Schools